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February 13, 2025



The Weekly Newsletter of St. Luke's Episcopal Church



Dear St. Luke's,

One of the great strengths of our parish is our deep care for one another. Whether in times of joy or challenge, we seek to be a community where everyone feels supported, valued, and safe. At this year's Annual Meeting, we recognized an opportunity to expand that care in a tangible way by forming an Emergency Medical Response Team—a dedicated group of parishioners trained to assist in medical situations during worship and parish gatherings.

While we pray that emergencies will be few and far between, we also know that being prepared is an act of faithful stewardship. This initiative reflects our commitment to ensuring that all who enter our doors—whether lifelong members or first-time visitors—can worship with confidence, knowing that their well-being is a priority. The team will consist of volunteers with medical training, including doctors, nurses, EMTs, and others certified in first aid and CPR. Their role will be to respond quickly and effectively in the event of a medical need, working in coordination with local emergency services when necessary.

This effort is not driven by fear, but by faith—a faith that calls us to be attentive to the needs of others and to foster a place of welcome and security. Just as we care for the spiritual health of our congregation, we also seek to be mindful of physical health and safety. In the coming weeks, we will offer opportunities for additional training and education, inviting others who feel called to serve in this way to join the team.

Thank you to all who have already expressed their support for this ministry. May it be a sign of our continued commitment to loving one another as Christ loves us.

Together we pray: Gracious and merciful God, we give thanks for those who answer the call to serve in times of crisis. Bless all who offer care in moments of distress, who bring comfort to the suffering, and who act swiftly in emergencies. Grant them wisdom to discern each need, strength to meet every challenge, and peace in the midst of urgency. May their service be a reflection of Your healing presence, and may they be sustained by Your grace. Amen. Faithfully, Nick+

Theologians Corner:

Scholastica of Nursia Monastic, 543



Scholastica (c. 480 – 10 February 543) is the foundress of the women's branch of Benedictine Monasticism.

According to the Dialogues of Gregory the Great, Scholastica was born c. 480 in Nursia, Umbria, of wealthy parents. While Gregory states that Scholastica was Benedict's sister, a later tradition, says she was his twin. Whether this is meant biologically or allegorically (spiritually) or both is not clear. Gregory the Great says she was dedicated to God from a young age. She and her brother Benedict were brought up together until the time he left to pursue studies in Rome.

Benedictine tradition holds that Scholastica established a hermitage about five miles from Monte Cassino and that this was the first "Benedictine" convent.

The most commonly told story about her is that she would, once a year, go and visit her brother at a place near his abbey, and they would spend the day worshipping together and discussing sacred texts and issues.

One day they had supper and continued their conversation. When Benedict indicated it was time for him to leave, perhaps sensing the time of her death was drawing near, Scholastica asked him to stay with her for the evening so they could continue their discussions. Not wishing to break his own Rule, Benedict refused, insisting that he needed to return to his cell. At that point, Scholastica closed her hands in prayer, and after a moment, a wild storm started outside of the guest house in which they were housed. Benedict asked, "What have you done?", to which she replied, "I asked you and you would not listen; so I asked God and he did listen. So now go off, if you can, leave me and return to your monastery." Benedict was unable to return to his monastery, and they spent the night in discussion.

Three days later, from his cell, he saw his sister's soul leaving the earth and ascending to heaven in the form of a shining white dove. Benedict had her body brought to his monastery, where he caused it to be laid in the tomb which he had prepared for himself.

I love that story.

The Episcopal Church, as part of the Anglican tradition, shares deep Benedictine roots, particularly in its practice of the Daily Office. St. Benedict's Rule, written in the sixth century, established a rhythm of prayer, work, and study that profoundly shaped Western monasticism and, by extension, Anglican spirituality. When Archbishop Thomas Cranmer compiled the Book of Common Prayer in the 16th century, he simplified the monastic pattern of the Divine Office into Morning and Evening Prayer, making the discipline of regular, structured prayer accessible to both clergy and laity.

This Benedictine influence remains central to the Episcopal Church today, as the Daily Office continues to order the lives of many Episcopalians, fostering a communal rhythm of scripture, psalmody, and intercession that connects modern worshipers to the ancient practice of praying without ceasing.

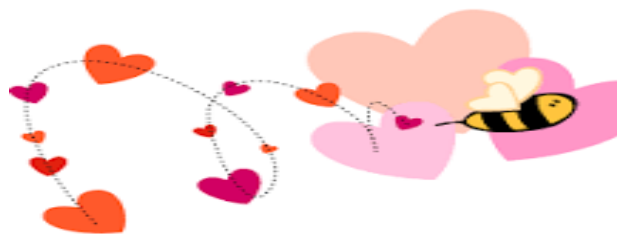
Together we pray: Assist us, O God, to love one another as sisters and brothers, and to balance discipline with love and rules with compassion, according to the example shown by thy servant Scholastica; for the sake of thy Son Jesus Christ our Lord, to whom with thee and the Holy Ghost be all honor and glory, now and forever. Amen.

Prayer List

Please pray for: Liz Green, Michelle Sheffield, Catherine Sheffield, Ben Baker, Steve McCraw, Josh Harris, David Swindell, Connie Finch, Tony Clapper, Terry Grogan, Tyler Roberson, Jerry Nezam, Miriam Petrovich, Lynette Beebe, Jack Smith, Danny Clem, David McAtee, Shawn, Stephanie Gallegos, Pat Sare, Steve Linn, Bob Baughman, Jean Mason, Adam Thomas, Tom Oakes, Bill Pendley, Mary Wallace, Connie Freebern, Lynda Stephens, Marcie Zervas, Margaret Holden, Audrey Harris, Peggy Rockey, Lauren Barlowe, Ken Harvey, Nan Buhlinger, Bill Birk, Carol McSpadden, Rebecca Landreth, Dionna Cameron, Betty Rogers, and David Anderson.

Please add the following to your prayers for the Fifth Sunday after the Epiphany

**St Christopher's, Midwest City Church of the Redeemer, Okmulgee
The Anglican Church of Australia**



Birthdays and Anniversaries Feb 16th– Feb 22nd , 2025

Birthdays



Sally Finch (2/17)
Mary Ann Clem (2/18)
(2/19)
Tom Droege (2/18)
Everett Ellis (2/20)

Anniversaries



Tim & Pam Hanson (2/16)
Bob & Stefanie Tedstrom

If your or a loved one's name doesn't appear on the list, please email or call the office, and we will add your birthday or anniversary!

At Luke's Place : Feb 14th – Feb 20th

- Feb 16th Eucharist, Rite I, 8:00am, Chapel
Faith Forum, 9:15am, Metcalf
Eucharist, Rite II, 10:30am, Nave
- Feb 17th President's Day- office closed
- Feb 18th Spiritual Discovery Book Study, 9:30am, Library
Altar Guild Meeting, 5:30pm, Vestry Room
- Feb 19th Choir, 5pm, Choir Room
YD, 6pm, Rodgers Hall
- Feb 20th Men's Fellowship, 7am, Metcalf Hall
Bible Study, 9:15am, Metcalf Hall
Green Country Eucharist, 1pm, GCV
- Feb 22nd Casa Hispana Bingo, 5pm, Metcalf



The Daily Office of Morning and Evening Prayer is held every weekday (except for Friday) in the Chapel. MP begins at 9:00am and EP starts at 4:00pm and EP can also be found on the St Luke's Facebook page if you would like to follow along at home.

February Pack the Backpacks Item

8 or 16 Watercolors, Crayola preferred but any brand for February 2025.

Walmart prices and pictures are below

8 count Crayola brand at Walmart is \$2.34

8 count Cra-Z-Art brand at Walmart \$1.34

16 count Crayola brand at Walmart \$3.97



Concern's current needs are: ramen noodles, Vienna sausages, and homeless: women (or unisex) deodorant, and mini personal tissue packs.



Updated Photos for the Wall/Directory

Sara Clements will be taking new and updated photos for the Hallway Wall Directory between the 8am and 10:30am services and then again after the 10:30am service Sunday, **February 23rd**. Then, a second round after the 10:30 service on Sunday, **March 2nd**.

She will be located in the Walking the Mourners Path room upstairs by the Beard Library.

Do You Have a Fridstool?



A fridstool is a seat of refuge or sanctuary that was once found in some English churches. The word comes from the Old English word frithstól, which is a combination of frith (peace or security) and stól (stool).



Fridstools were usually made of stone and were placed near the altar. They offered protection to people who sought sanctuary. For example, the sanctuary chair in Beverley Minster is a fridstool. It is a rare stone seat that is located to the left of the High Altar. The chair is thought to have come from a stone building that was on the site of the current Minster in the 10th century.

Everyone needs a place to just be. To think. To dream. To rest our brains from the busy pace of life. Whether that place is a bench in your garden, a comfy chair in your living room, or a place within the walls of St Luke's, seek your own Fridstool and just breathe and be.

BINGO

BY **CASA HISPANA** *night*

Join us for an evening of Bingo, Raffles, Family Fun, and Hispanic Food
For tickets, call Mili at 918.907.1584

Saturday, Feb. 22nd

5:30 PM



**St Luke's
Episcopal Church**

CasaHispana.Bartlesville@gmail.com



Games start at 6:00 PM

\$12
Ticket

Include:
 Admission Price &
 10 cards



All proceeds benefit Casa Hispana, a Bartlesville non-profit organization that provides support to local individuals and families by enabling connections to community resources, offering translation services, English and citizenship classes, and providing highly subsidized dental care to under-served communities





ST. LUKE'S EPISCOPAL CHURCH

FORKS & FELLOWSHIP

St. Luke's Fellowship is thrilled to announce a new opportunity within our church. Single adults and married couples of all ages are encouraged to sign up to be placed in small dinner groups that will meet at least four times throughout the year. The Fellowship team will create small groups of no more than eight people per group and assign a leader for each group. Then it's up to your group to schedule dinners or activities to get to know each of your members. You can have dinner at your home, you can go to brunch after church or choose to meet at a local restaurant/coffee shop/gathering place. The purpose of this fellowship opportunity is to develop relationships with folks of all ages in the church. These times can foster opportunities to make friends outside of our usual social circles, getting to know new people in our church family.

If you are interested, you can register on-line or drop by the office. Answer a few basic questions by Sunday, February 23. Groups will be notified in early March, and each group will plan their own schedule to meet at least 4 times during the year.

[Click here to register](https://forms.gle/n2wqhpPTZBbMZczf9) OR type this into your browser: <https://forms.gle/n2wqhpPTZBbMZczf9>

Questions? Call Steve Heidorn: 918-914-1412

Group Placement Questions

1. Name: _____
2. Contact Information (Email): _____
3. Age Group (20-30's) (40-50's) (60+) _____
4. Which worship service do you attend? 8:00am _____ 10:30am _____
5. How long have you been attending St. Luke's? _____ years
6. I am registering as an individual _____ couple _____
7. Second adult's name: _____
8. Second adult's email: _____
9. Are you willing to help coordinate/host your first meeting? Yes _____ No _____

St. Luke's Vestry Members

- Nancy Woods, Sr. Warden – Nancywoods120@gmail.com
- Sherry Deason -
- Karole Cozby, Jr Warden – kscozby916@gmail.com
- Chad Ellis – w.chadwick.ellis@gmail.com
- Karen Lewey – kgrammy07@yahoo.com
- Laura Birk – lpbirk73@gmail.com
- Steve Heidorn- sgheidorn@yahoo.com
- Dolores McCreary – dolomc37@gmail.com
- Steve Roper- sdroper2006@yahoo.com
- Fred Whitson-
- Robert Lonski- rjtazski@yahoo.com

Bereavement Team 3

Becky Liehr, Kate Carroll, Cathy
Perrier, Kris Bonner, Mary Jo
Peterson

St. Luke's Episcopal Church Contacts:

The Reverend Nick Phares, Rector
269-788-7063; RevPhares@outlook.com

Keeli Droege, Choir Director/Organist
918-697-8509 keelidroege@gmail.com

Happy
Valentine's
Day

St. Luke's Episcopal Church
210 East 9th St., Bartlesville, OK 74003
Office Hours: 9am-4pm, M-F
Email: StLukesBartlesville@outlook.com
918-336-1212
Or contact
Penny Williams, secretary 918-766-2157