

## In this week's Steeple >>>

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- YD thanks St Luke's

# The Steeple



Feb 22, 2023

## The Weekly Newsletter of St. Luke's Episcopal Church



### Journeying Through Lent

You know those books on your shelves that you think, “One day I’ll get around to reading that?” I have a few of those, just a few. *I wish there was a font that indicated sarcasm, but you’ll just have to trust me.* I have, however, dusted of a volume recently that I purchased almost twenty years ago. I’m about halfway through it. On the cusp of Ash Wednesday, I paused for a long while after I read the profound poem Creation Spell by Ed Bullins at the end of chapter six. As I sat there, I wondered if that poem had waited on my shelves for twenty years for me to discover it? If so, what timing!

On page 264 in the Book of Common Prayer you’ll find what is known as an invitation to a holy Lent. In the invitation there are a series of to do’s namely: self-examination and repentance, prayer, fasting, self-denial, and reading and meditating on God’s holy Word. In addition to these to do’s, folks often choose to give up something extra as a form self-denial or add a practice to that list. The choice is ultimately yours, nevertheless, know that any one of those practices will yield fruit if you tend to it.

For example - the book I mentioned above, well, I bought that as a tool to aid in self-reflection. The fruit had to be reading that poem right at the right time. It may have been a coincidence, but I think not. I wonder what *coincidences* lay in store for you this Lent.

Another thing to keep in mind is that whether you add a practice or observe the ones already in place, ask yourself “Can I make this a lifelong intention?” For instance, if you are practicing self-denial (giving up something) are you willing to give that up for good – not just a season? What I mean, is that in these to do’s - in these intentions – are invitations intended to help us long term, not just for the season of Lent so that we can go back to “normal life” after Easter. These practices are meant to shift something totally in us, so that what changes in us is for good. Perhaps, then, you may want to rethink giving up chocolate.

Whatever you choose to do, I hope that your Lenten practices bear fruit. Take some time this week to download a devotional, pull out your bible, set up a prayer chair in your house, and plan to have coffee with Jesus in the morning. Set an intention to reset and restore, and then pray, “O God of peace, *who has* taught us that in returning and rest we shall be saved, in quietness and confidence shall be our strength: By the might of *your* Spirit lift us, we pray *you*, to *your* presence, where we may be still and know that *you are* God; through Jesus Christ our Lord. *Amen.*

Nick+



**Midweek Manna begins next Wednesday (Mar 1<sup>st</sup>) at 6pm. A meal will be served and then program for both adults and kids.**



**Theologians Corner:  
Emily Malbone Morgan  
Prophetic Witness, 1937**

Emily Malbone Morgan was born on December 10, 1862, in Hartford, Connecticut. Her family were prominent Hartford citizens, and her Anglican roots ran deep on both sides of her family. With the support of Harriet Hastings, she was the founder of the Society of the Companions of the Holy Cross (SCHC), an order of Episcopal laywomen, in 1884. Rooted in disciplined devotion, SCHC became a strong force for social justice reform during the social gospel era around the turn of the twentieth century.

A primary inspiration for Morgan was her friendship with Adelyn Howard. Howard was homebound and sought Morgan's support for both spiritual companionship and shared intercessory prayer for others. In response, Morgan called together a small group of women that became the Society of the Companions of the Holy Cross.

Morgan had a particular concern for working women who were tired, restless, and had little hope for a vacation. In response, Morgan and her Companions developed summer vacation houses across the northeast, where working women and their daughters could have some time away for physical and spiritual renewal and refreshment.

In 1901, the Society established a permanent home in Byfield, Massachusetts. With the construction of new facilities on the site in 1915, it took the name Adelynrood, which continues to exist as the headquarters and retreat center of the Society.

Morgan never married; she and her sisters in the Society of the Companions of the Holy Cross lived a life of prayer, contemplation, and social justice, particularly for women. She died on February 27, 1937.

Together we pray: Gracious God, we give thanks for the life and witness of Emily Malbone Morgan, who gathered women to devote themselves to intercession, social justice, Christian unity, and simple lives: Make us, with her, companions in prayer and in faithful living, dedicated to the Holy Cross of our Savior, Jesus Christ; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. Amen.

FAITH FORUM  
Sundays 9:15am-  
10:15am, Metcalf  
Hall  
A Broad Church  
(1880-1920)

## ARE YOU CONNECTED?

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*See Nancy Woods after the  
services this Sunday to  
get connected!*

*Or call her @  
918-914-3263*





## Thank you St. Luke's!

Thanks to the generosity of the St. Luke's congregation the Young Disciples were able to deliver and sort more than 1,000 pounds of food to Concern in addition to about \$295 in cash donations.



# New Time for Godly Play!!!

**Starting March 19, Godly Play will start at  
our new time of 9:15 am!**

**Everyone is invited to come and hear a story  
and wonder together! We will go to church  
after Godly Play.**

***\*Parents may choose to join their children, or go to  
Father Nick's Faith Forum in Metcalf Hall.***

## PUB THEOLOGY

*different brews :: different views*

Thursday, February 23<sup>rd</sup> at 6:30pm at Tumbleweed's

### Birthdays and Anniversaries, Feb 26<sup>th</sup> – Mar 4<sup>th</sup>, 2023

#### Birthdays



Jeanne Eastman 2/27  
Jerry Nezam 3/1  
Steve McCraw 3/2

#### Anniversaries



Jim & Becky Liehr 3/3

If your or a loved one's name doesn't appear on the list, please email or call the office, and we will add your birthday or anniversary!



**Please pray for:** : Linda & Terry Piper, Liz Green, Michelle Sheffield, Catherine Sheffield, David King, Pris Snow, Ben Baker, Sanawbar, Diana Farris, Cindy Moffitt, Joel Hahn, Stacey & Butch Webster, Steve McCraw, Josh Harris, Katie Rolielard, Debbie French, Jody & George Bracken, Janice Lonski, David Swindell, Norma Perrier, Connie Finch, Dorothy & Elmer Buchanan, Diana Schremmer, Peggy Kauffman, Colleen, Shawn, Ryan Kiesel, Tony Clapper, Merry Lou & Bruce Neiswander, Jack & Karla Stoecker, Joseph, Tim, Beth, Kay Boman Harvey, Shania Smith, Luke Karel, Terry Grogan, Tyler Roberson, Jerry Nezam, Jim Brooks, Harris Moreland, Tom Martin, Carolyn Gorman, Steve Earley, Tanis Reyburn, and Don Doty.

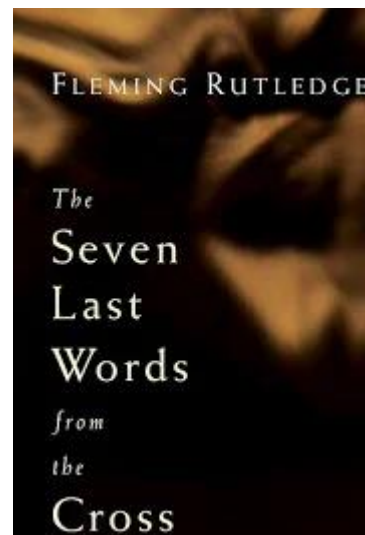
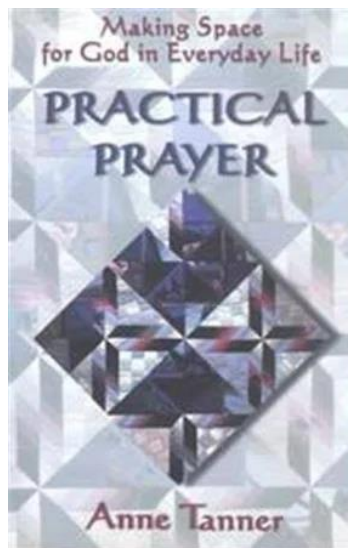
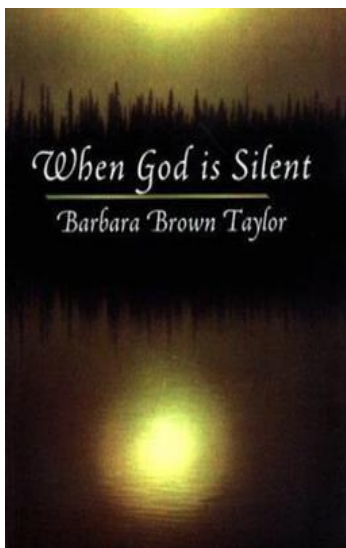
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## Luke's Place Feb 23<sup>rd</sup> – Mar 1<sup>st</sup>, 2023

Feb 23<sup>rd</sup> Men's Breakfast, 7am, Metcalf  
Bible Study, 9:15am, Metcalf  
Feb 24<sup>th</sup> St Matthias the Apostle, 12:15pm, Chapel  
Feb 26<sup>th</sup> Holy Eucharist, Rite I, 8:00am, chapel  
Faith Forum, 9:15am, Metcalf  
Children's Programming, 10:15am, upstairs  
Holy Eucharist Rite II, 10:30am  
Feb 28<sup>th</sup> Spiritual Discovery Group, 10am, Library  
Mar 1<sup>st</sup> Choir, 5pm, Choir Room  
MidWeek Manna , 6-8pm, Metcalf

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Need a Lenten devotional or study? Check out these titles in the Book Store!



Don't see one you would like? Tell Cathy and she can order it for you!

## St. Luke's Vestry Members

- Doug McIver, Sr. Warden -- [dmciver@susandickcpa.com](mailto:dmciver@susandickcpa.com) 785-342-4328
- Nancy Woods, Jr. Warden – [Nancywoods120@gmail.com](mailto:Nancywoods120@gmail.com)
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- Steve Roper-
- Josie McIver-

### **Bereavement Team 4**

Becky Liehr, Jo Baughman, Karen  
Lewey, & Cathy Perrier

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