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June 29, 2022



### The Weekly Newsletter of St. Luke's Episcopal Church



## **Strawberry Shortcake**

Before I left camp last weekend Teresa and I were talking about taking the family out to dinner before I headed back to Bartlesville. As you probably guessed, choices are limited in Seminole but not nonexistent. Cazadores Mexican Restaurant is a favorite of ours and most of the time if we are going out in between sessions we are headed there. Nevertheless, some nights

you just need something that will hit a certain spot right in your soul.

After a particularly hot week I was surprised that all three girls wanted soup for dinner. Not a cold soup but something straight from the winter months; our family's favorite, potato soup. I headed to Walmart to get the ingredients not even thinking about dessert or a side because that order to me, is a one pot meal made to keep miners warm on the job. But that didn't stop Alexis from texting me the ingredients for Strawberry Shortcake followed by a wink.

At this point I was wondering how all of this was going to come together because instead of a somewhat normal menu of say soup/sandwich or soup and salad, I had just purchased ingredients for soup/shortcake. When I was just about five miles from camp, you guessed it – another phone call. "Don't forget the bread." Yes. I turned around.

While I had never made soup and shortcake together, the recipes are stuck in my head. I can hear my momma say, "A little of this goes here" and "O honey, we measure that with love." As I made the soup and prepared the strawberries, it was like having Kay there with me. I smiled even though the pots were too small and the knives dull. It didn't matter because as soon as the kids walked in the door, I

saw their faces relax and change knowing that most of their memories of their grandmother reside in their noses. We were home, with a homecooked meal, one we all remembered and the evening before us.

As we approach one of the most nostalgic weekends of the summer, one of the most hallowed days in our common history I encourage you to reconnect with something that brings you great joy. If you are working for Jesus like the Phares family, it might be strawberries between sessions but it doesn't have to be. If you have a little bit more time, you might take a trip to the lake or somewhere close by. Whatever you do, take the time – for you. Live out of the richness of your memories and then, choose to pause.

#### Pause.

And in that pause, know that you are loved. And then pray. Giving thanks in knowing that all of this is but a moment. In that moment, perhaps after a swig of cold iced tea or letting the ice cream melt on your hand you'll remember how good it feels to laugh, or how the breeze feels when you need it. Revel in simple pleasures. Those memories are powerful my friends, they are sustaining, life giving, and liberating -- all things that are related to Independence, I think. And most certainly worth shairing.

Deep Peace, Nick+



Our newly formed Luke's Brunch Bunch invites you to stay after the 10:30am service on *July 10<sup>th</sup>* for brunch which will include: Sausage and Egg Casserole

Fruit Salad Coffee Cake and Banana Bread Coffee, Orange Juice, and Mimosas

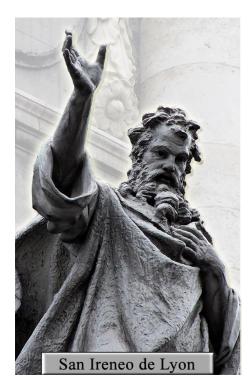
We hope you can join us for fellowship, food and laughter: we plan to do this quarterly.

Blessings and hugs,

Luke's Brunch Bunch (AKA Margo, Kelley, Judy, Cathy, and Sandy)

<u>Concern</u> current food needs are: 64oz of non-refrigerated apple or grape juice, canned tomatoes, canned tomato sauce, and toothbrush kits. And Milk. Always Milk.

## Theologian's Corner



## Irenaeus, Bishop of Lyons c.202

If theology is "thinking about faith" and arranging those thoughts in some systematic order, then Irenaeus has been rightly recognized by Catholics and Protestants alike as the first great systematic theologian.

There is considerable doubt about the year of Irenaeus' birth; estimates vary from 97 to 160. It is certain that he learned the Christian faith in Ephesus at the feet of the venerable Polycarp, who in turn had known John the Evangelist. Some years before 177, probably while Irenaeus was still in his teens, he carried the tradition of Christianity to Lyons in southern France.

His name means "the peaceable one"—and suitably so. The year 177 brought hardship to the mission in Gaul. Persecution broke out, and a mounting tide of heresy threatened to engulf the Church. Irenaeus, by now a presbyter, was sent to Rome to mediate the dispute regarding Montanism, which the Bishop of Rome, Eleutherus, seemed to embrace. While Irenaeus was on this mission, the aged Bishop of

Lyons, Pothinus, died in prison during a local persecution. When Irenaeus returned to Lyons, he was elected bishop to succeed Pothinus.

Irenaeus' enduring fame rests mainly on a large treatise, entitled The Refutation and Overthrow of Gnosis, Falsely So-Called, usually shortened to Against Heresies. In it, Irenaeus describes the major Gnostic systems, thoroughly, clearly, and often with biting humor. It is one of our chief sources of knowledge about Gnosticism. He also

makes a case for Christianity which has become a classic, resting heavily on Scripture and on the continuity between the teaching of the Apostles and the teaching of bishops, generation after generation, especially in the great see cities. Against the Gnostics, who despised the flesh and exalted the spirit, he stressed two doctrines: that of the creation as good, and that of the resurrection of the body.

A late and uncertain tradition claims that he suffered martyrdom, about 202.

Almighty God, you upheld your servant Irenaeus with strength to maintain the truth against every blast of vain doctrine: Keep us, we pray, steadfast in your true religion, that in constancy and peace we may walk in the way that leads to eternal life;

through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

## FAITH FORUM on Sundays 9:15 a.m. - 10:15 a.m. Metcalf Hall



Luke's Place June 30th -July 6th, 2022

June 30<sup>th</sup> - Men's Breakfast, 7-8:30am Metcalf Hall Rector's Bible Study, 9:15am Metcalf Hall

Green Country Eucharist, 1pm GC Village

Pub Theology, Tumbleweed's Steakhouse, 6:30pm

July 3rd - Eucharist Rite I, 8:00am Chapel

Faith Forum, 9:15am-10:15am, Metcalf Hall

Eucharist Rite II, 10:30am

July 4th - Independence Day, Office closed

Morning Prayer is held every Monday-Thursday at 9am, Chapel (Closed Mon 4th) Evening Prayer is held every Monday-Thursday at 4pm, Chapel (Closed Mon 4th)

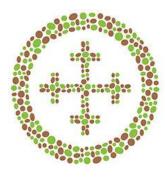


Thank you! First to Coffee (Nancy Woods) and Cookie (Laura Birk) for their entertaining skit to promote Coffee Hour. It worked! We are covered for the months of July and August! And second- Thank You to those of you who answered the

call! As Fr Nick says, 'We are better together'.



St Luke's has campers at St Crispin's! Lets send notes and cards to: Ezra Ingram and Pax Phares. They will be attending the Intermediate II camp session the week of July 3<sup>rd</sup> – July 9<sup>th</sup>. They would love hearing from their church family. Address your cards and notes to: (camper's name) c/o St Crispin's Summer Camp 36302 State Highway 9
Wewoka, Okla 74884



## ST. CRISPIN'S

CONFERENCE CENTER + CAMP



June 30<sup>th</sup>, 6:30pm at Tumbleweed's Steakhouse! Join us for good talk and good food!

## THE Episcopal church $\ref{topsilon}$

## Independence Day

Commemoration of the signing of the Declaration of Independence on July 4, 1776. It is a legal holiday in the United States. The 1785 General Convention directed that a service be drawn up for this day, and "That the said form of prayer be used in this Church, on the fourth of July, for ever." The Proposed Book of 1786 contained "A Form of Prayer and Thanksgiving to Almighty God for the inestimable Blessings of Religious and Civil Liberty" to be used on the Fourth of July. The presiding officer, William White, was opposed to the service since many of the clergy had been Loyalists and were against the Revolution. The General Convention of 1789 supported White, and the service was withdrawn from the 1789 BCP. Propers for this day were published in the 1928 Book of Common Prayer, but it was not a major feast. The 1979 BCP (p. 17), lists Independence Day as one of the "Other Major Feasts," and provides a collect for the day (pp. 190, 242). Eucharistic propers are provided as well as propers for the Daily Office. The collect "For the Nation" may be substituted for the collect for the day.





**Chaz Cerveny** 

7/3

We are approaching that not-quite-traditional, kind of eagerly anticipated, sort-of-sacred season called "Favorite Hymns Time". For newcomers to St Luke's, or for oldtimers who need reminding, everyone is encouraged to

submit favorite hymns or other songs appropriate for worship service. Music for the 10:30 Eucharists in July and August will be selected from your suggestions.

Its easy. Either give your list to Dolores McCreary or turn it in to the office. It really helps if you indicate the source of music/text. Example: the name of the hymnal (we use 3 different ones) and the number of the hymn/song. Selections not found in The Hymnal 1982, GATHER, or WLP (Wonder, Love, and Praise) will be used only if we have permission to copy and if we know where to find the music/text.

It will also help if you tell us the Sundays you know you will NOT be at the 10:30 Eucharist. We'd like to select your favorite hymns on Sundays you will be here to join in singing.

Send your information to: <u>stlukesbartlesville@outlook.com</u>, a note in Dolores' box in the office, or give your written list to her at church on Sunday.

Birthdays and Anniversaries, -June 30 <sup>th</sup> – July 6 <sup>th</sup> , 2022		
Birthdays		Anniversaries
Fred Whitson	6/29	Robert & Janice Lonski 7/6
Don Doty	6/30	
Chad Ellis	7/1	
<b>Katherine Powell</b>	7/3	

If your or a loved one's name doesn't appear on the list, please email or call the office, and we will add your birthday or anniversary!

### St. Luke's Vestry Members

- o Doug McIver, Sr. Warden -- dmciver@susandickcpa.com 785-342-4328
- o Nancy Woods, Jr. Warden Nancywoods 120@gmail.com
- o Jo Baughman jybokla@aol.com
- o Karole Cozby kscozby916@gmail.com
- o Chad Ellis w.chadwick.ellis@gmail.com
- o Karen Lewey <u>kgrammy07@yahoo.com</u>
- o Laura Birk lpbirk73@gmail.com
- o Mark Peterson- m\_mpeterson@hotmail.com
- O Steve Van Aken scvanaken@sbcglobal.net
- o Robert Lonski- rjtazski@yahoo.com
- o Katherine Powell <u>kmpbmp48@gmail.com</u>
- o Brad Borg- <u>bradborg@yahoo.com</u>

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Office Hours: 9am-4pm, M-F

Email: StLukesBartlesville@outlook.com

918-336-1212 Or contact

Penny Williams, secretary 918-766-2157

St. Luke's Episcopal Church Contacts:

The Reverend Nick Phares, Rector 269-788-7063; <u>RevPhares@outlook.com</u>

Dolores McCreary, Choir Director/Organist 918-397-4828 <a href="mailto:dolores79mail.com">dolores79mail.com</a>

Keeli Droege, Christian Education Coord.; 918-697-8509; <u>keelidroege@gmail.com</u>





Days Til YD Leave for DC!
Got your bags packed yet?



Our Favorite Family!





Gracious God, Father of all nations, bless and defend us and our land; prosper the work of our hands, and increase in us your grace and compassion, and our offerings of thanks to you, our rock and our salvation; through Jesus Christ our Lord. **Amen.** 

## When you need one more page.... (got your crayons?)



# Preamble to the U.S. Constitution

We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

